

# A Catholic Response to Women in Need: Diocesan-Affiliated Pregnancy Resources in Virginia



CATHOLIC DIOCESE OF  
ARLINGTON



Catholic Diocese  
OF Richmond



# 2021 HIGHLIGHTS



**101**

## CATHOLIC CHARITIES OF THE DIOCESE OF ARLINGTON

women were provided with pregnancy support services and/or adoption services based on their decision to parent or make an adoption plan

## CCC SETON HOUSING

**16**

mothers & children assisted with housing

## COMMONWEALTH CATHOLIC CHARITIES

**951**

parents and children impacted by adoption services

**488**

lives changed through pregnancy counseling

## MOTHER OF MERCY MEDICAL CLINIC

**327**

women were provided with free medical prenatal care

## PROJECT RACHEL

**100**

women served in 2021

**30**

women served so far in 2022

## CATHOLIC CHARITIES OF EASTERN VIRGINIA (2020 TO 2021)

**56,000+**

diapers and other materials distributed to families

## GABRIEL PROJECT

**381**

women served in 2021

**122**

women served in 2022 so far

**\$200,000+**

in financial assistance was given to expectant families in need, primarily for prenatal, but also for other medical care, rent, utilities, counseling and baby supplies



### STORY HIGHLIGHT: "ABBY"

Recently, Gabriel Project helped "Abby" who was in an abortion-vulnerable situation when she first reached out for support. As a young mom with two little ones at home, she had not seen a doctor until she was 12 weeks pregnant and was under considerable pressure to have an abortion. The Gabriel Project paid for her prenatal care and offered her a Gabriel volunteer to journey with her during her pregnancy and to provide for her material needs.

# SERVICES

## PREGNANCY COUNSELING

*Pregnancy counseling and support, 24-hour hotline, support in speaking with family members, selecting an adoptive family, hospital support, post-adoption counseling and support.*

- **Commonwealth Catholic Charities**
- **Catholic Charities – Diocese of Arlington**
- **Catholic Charities of Eastern Virginia**
- **Gabriel Project Parish-Based Support**
- **Our Lady of Mount Carmel – Pregnancy Outreach Office**

## SUPPORTIVE HOUSING

- **Commonwealth Catholic Charities Seton Housing**
  - *Independent living for single, at-risk expectant mothers who do not have secure housing*
  - *Includes case worker support, job skills training, baby supplies, groceries, etc.*
- **Catholic Charities of Eastern Virginia**
  - *Rent, mortgage and utility assistance in crisis through referral from the Regional Housing Crisis Hotline (757-587-4202).*
- **St. Margaret of Cortona Transformational Housing (Catholic Charities of the Diocese of Arlington)**
  - *Housing, counseling and case management*

## MEDICAL CARE

- **Mother of Mercy Free Medical Clinic (Catholic Charities of the Diocese of Arlington)**
  - *Free medical prenatal care*

## BABY RESOURCES

*Maternity clothing, infant & children's clothing, infant formula, infant furnishings, community resource information, diapers and other materials distributed to families in need.*

- **Commonwealth Catholic Charities**
- **Catholic Charities of Eastern Virginia**
- **Gabriel Project Parish-Based Support**
- **Our Lady of Mount Carmel – Pregnancy Outreach Office**

## ADOPTION

- **Commonwealth Catholic Charities**
- **Catholic Charities – Diocese of Arlington**
- **Catholic Charities of Eastern Virginia**

## AFTER ABORTION CARE

- **Project Rachel After Abortion Care**
- **Our Lady of Lourdes– Post Abortion Healing Ministry**
  - *Rachel's Vineyard Retreats*

# DIRECTORY OF PROVIDERS

## DIOCESE OF ARLINGTON

### Catholic Charities of the Diocese of Arlington

- ☎ 703.841.3830
- 🌐 [www.cdda.net](http://www.cdda.net)
- 📍 200 North Glebe Road Suite 250  
Arlington, VA 22203

*Locations in Arlington, Alexandria, Fairfax, Fredericksburg, Front Royal, Loudoun County, Manassas, and Woodbridge*

### Gabriel Project Parish-based Support

- ☎ Confidential central helpline: 703.841.3810
- 🌐 [www.helpforpregnantwomen.org](http://www.helpforpregnantwomen.org)

### Mother of Mercy Free Medical Clinics (Catholic Charities, Diocese of Arlington)

- ☎ 703.335.2779
- 🌐 [www.cdda.net/need-help/medical-and-counseling/free-medical-clinic](http://www.cdda.net/need-help/medical-and-counseling/free-medical-clinic)
- 📍 **Manassas Location:**  
9380 Forestwood Lane, Unit B  
Manassas, VA 20110
- 📍 **Woodbridge Location:**  
13900 Church Hill Drive  
Woodbridge, VA 22191

### Project Rachel

#### After Abortion Care

- ☎ Confidential post-abortion helpline: 703.841.2504
- 🌐 [www.helpafterabortion.org](http://www.helpafterabortion.org)

### St. Margaret of Cortona Transformational Housing (Catholic Charities – Diocese of Arlington)

- ☎ 703.910.4845
- 🌐 [www.cdda.net/need-help/housing/family-housing-\(st--margaret\)](http://www.cdda.net/need-help/housing/family-housing-(st--margaret))
- 📍 Woodbridge, VA 22191

## DIOCESE OF RICHMOND

### Catholic Charities of Eastern Virginia

- ☎ 757.456.2366
- ✉ [pregnancy@cceva.org](mailto:pregnancy@cceva.org)
- 🌐 [www.cceva.org](http://www.cceva.org)
- 📍 1132 Pickett Road  
Norfolk, VA 23502

### Commonwealth Catholic Charities

- ☎ 804.285.5900
- ✉ [svc.PregnancyCounseling@cccovfva.org](mailto:svc.PregnancyCounseling@cccovfva.org)
- 🌐 [www.cccovfva.org](http://www.cccovfva.org)
- 📍 1601 Rolling Hills Drive  
Richmond, VA 23229

*Locations in Charlottesville, Newport News, Norfolk, Norton, Petersburg, Richmond, and Roanoke*

### Our Lady of Lourdes

#### Post Abortion Healing Ministry

- ☎ 804.262.7315
- 🌐 [www.rachelsvineyard.org](http://www.rachelsvineyard.org)
- 📍 8200 Woodman Road  
Henrico, VA 23228

### Our Lady of Mount Carmel

#### Pregnancy Outreach Office

- ☎ Helpline: 757.870.3131
- ✉ [pregnancy@cceva.org](mailto:pregnancy@cceva.org)
- 🌐 [www.olmc.org/copy-of-music-ministry](http://www.olmc.org/copy-of-music-ministry)
- 📍 100 Harpersville Road  
Newport News, VA 23601