

A Catholic Response to Women in Need: Diocesan-Affiliated Pregnancy Resources in Virginia



CATHOLIC DIOCESE OF
ARLINGTON



Catholic Diocese
OF Richmond

2021 HIGHLIGHTS



101

CATHOLIC CHARITIES OF THE DIOCESE OF ARLINGTON

women were provided with pregnancy support services and/or adoption services based on their decision to parent or make an adoption plan

CCC SETON HOUSING

16

mothers & children assisted with housing

COMMONWEALTH CATHOLIC CHARITIES

951

parents and children impacted by adoption services

488

lives changed through pregnancy counseling

MOTHER OF MERCY MEDICAL CLINIC

327

women were provided with free medical prenatal care

PROJECT RACHEL

100

women served in 2021

30

women served so far in 2022

CATHOLIC CHARITIES OF EASTERN VIRGINIA (2020 TO 2021)

56,000+

diapers and other materials distributed to families

GABRIEL PROJECT

381

women served in 2021

122

women served in 2022 so far

\$200,000+

in financial assistance was given to expectant families in need, primarily for prenatal, but also for other medical care, rent, utilities, counseling and baby supplies



STORY HIGHLIGHT: "ABBY"

Recently, Gabriel Project helped "Abby" who was in an abortion-vulnerable situation when she first reached out for support. As a young mom with two little ones at home, she had not seen a doctor until she was 12 weeks pregnant and was under considerable pressure to have an abortion. The Gabriel Project paid for her prenatal care and offered her a Gabriel volunteer to journey with her during her pregnancy and to provide for her material needs.

SERVICES

PREGNANCY COUNSELING

Pregnancy counseling and support, 24-hour hotline, support in speaking with family members, selecting an adoptive family, hospital support, post-adoption counseling and support.

- **Commonwealth Catholic Charities**
- **Catholic Charities – Diocese of Arlington**
- **Catholic Charities of Eastern Virginia**
- **Gabriel Project Parish-Based Support**
- **Our Lady of Mount Carmel – Pregnancy Outreach Office**

SUPPORTIVE HOUSING

- **Commonwealth Catholic Charities Seton Housing**
 - *Independent living for single, at-risk expectant mothers who do not have secure housing*
 - *Includes case worker support, job skills training, baby supplies, groceries, etc.*
- **Catholic Charities of Eastern Virginia**
 - *Rent, mortgage and utility assistance in crisis through referral from the Regional Housing Crisis Hotline (757-587-4202).*
- **St. Margaret of Cortona Transformational Housing (Catholic Charities of the Diocese of Arlington)**
 - *Housing, counseling and case management*

MEDICAL CARE

- **Mother of Mercy Free Medical Clinic (Catholic Charities of the Diocese of Arlington)**
 - *Free medical prenatal care*

BABY RESOURCES

Maternity clothing, infant & children's clothing, infant formula, infant furnishings, community resource information, diapers and other materials distributed to families in need.

- **Commonwealth Catholic Charities**
- **Catholic Charities of Eastern Virginia**
- **Gabriel Project Parish-Based Support**
- **Our Lady of Mount Carmel – Pregnancy Outreach Office**

ADOPTION

- **Commonwealth Catholic Charities**
- **Catholic Charities – Diocese of Arlington**
- **Catholic Charities of Eastern Virginia**

AFTER ABORTION CARE

- **Project Rachel After Abortion Care**
- **Our Lady of Lourdes– Post Abortion Healing Ministry**
 - *Rachel's Vineyard Retreats*

DIRECTORY OF PROVIDERS

DIOCESE OF ARLINGTON

Catholic Charities of the Diocese of Arlington

- ☎ 703.841.3830
- 🌐 www.cdda.net
- 📍 200 North Glebe Road Suite 250
Arlington, VA 22203

Locations in Arlington, Alexandria, Fairfax, Fredericksburg, Front Royal, Loudoun County, Manassas, and Woodbridge

Gabriel Project Parish-based Support

- ☎ Confidential central helpline: 703.841.3810
- 🌐 www.helpforpregnantwomen.org

Mother of Mercy Free Medical Clinics (Catholic Charities, Diocese of Arlington)

- ☎ 703.335.2779
- 🌐 www.cdda.net/need-help/medical-and-counseling/free-medical-clinic
- 📍 **Manassas Location:**
9380 Forestwood Lane, Unit B
Manassas, VA 20110
- 📍 **Woodbridge Location:**
13900 Church Hill Drive
Woodbridge, VA 22191

Project Rachel

After Abortion Care

- ☎ Confidential post-abortion helpline: 703.841.2504
- 🌐 www.helpafterabortion.org

St. Margaret of Cortona Transformational Housing (Catholic Charities – Diocese of Arlington)

- ☎ 703.910.4845
- 🌐 [www.cdda.net/need-help/housing/family-housing-\(st--margaret\)](http://www.cdda.net/need-help/housing/family-housing-(st--margaret))
- 📍 Woodbridge, VA 22191

DIOCESE OF RICHMOND

Catholic Charities of Eastern Virginia

- ☎ 757.456.2366
- ✉ pregnancy@cceva.org
- 🌐 www.cceva.org
- 📍 1132 Pickett Road
Norfolk, VA 23502

Commonwealth Catholic Charities

- ☎ 804.285.5900
- ✉ svc.PregnancyCounseling@cccovfva.org
- 🌐 www.cccovfva.org
- 📍 1601 Rolling Hills Drive
Richmond, VA 23229

Locations in Charlottesville, Newport News, Norfolk, Norton, Petersburg, Richmond, and Roanoke

Our Lady of Lourdes

Post Abortion Healing Ministry

- ☎ 804.432.2589
- ☎ 804.334.7956
- ✉ rv4hope@gmail.com
- 🌐 www.rachelsvineyard.org
- 📍 8200 Woodman Road
Henrico, VA 23228

Our Lady of Mount Carmel

Pregnancy Outreach Office

- ☎ Helpline: 757.870.3131
- ✉ pregnancy@cceva.org
- 🌐 www.olmc.org/copy-of-music-ministry
- 📍 100 Harpersville Road
Newport News, VA 23601